



# The Australian Academy of Hypnosis™

*Training real hypnosis since 1996*

## In this Pack you will find...

- Course Summary/s (including Fees)
- Hypnosis/Hypnotherapy/Magnetism Information
- Hypnosis Legislation and Hypnotherapy Association Information
- Upcoming Course Dates are all at [www.rickcollingwood.com](http://www.rickcollingwood.com)
- Certificate of Clinical Hypnotherapy Application Form
- Diploma of Clinical Hypnotherapy Application Form
- Advanced Diploma of Hypnotherapy Application Form
- Checklists



## Introduction...

Welcome to The Australian Academy of Hypnosis and thank you for your interest in our training. We will teach you how to induce all styles of hypnosis in a practical sense. For hypnotherapy to be effective, hypnotherapist needs effective practical hypnosis skills and that is what we will teach you. We not only train our students how to induce real hypnosis in a practical sense and importantly how and what to use it for therapeutically. We know the hypnotist is inside of you and we will help you to bring it out.

You'll learn how to induce hypnosis in many various ways and how to apply the therapeutic aspects and the practical uses of hypnosis as hypnotherapy. You can be assured that you'll learn more than just a few relaxation techniques. In a nutshell, you'll get the finest hypnosis/hypnotherapy training available in Australia, from Australia's longest established hypnosis training institution.

The practice of hypnosis/hypnotherapy is de regulated in all states and territories of Australia and therefore it is not a requirement for any hypnosis training organization to be an RTO. RTO training requires many 'Non-Hypnosis' components in the curriculum and so the focus is not primarily on hypnosis, and there is a significant increase in the fees. We'd keep doing what we've been doing successfully for nearly thirty years. You don't need to waste up to \$18,000 or more to become a professional hypnotherapist, it simply is not necessary.

Since the national deregulation in 1996, many training institutions have arrived on the scene. Some will even tell you that you must do expensive Government Accredited training to be able to practice hypnotherapy. This is 100% incorrect and tantamount to dishonesty. Don't fall for it, the practice of hypnosis and hypnotherapy is deregulated in every state and territory of Australia, and it will remain that way. Our advice is to check out their Google reviews and try to find a video online of the trainers actually inducing hypnosis.

Our attitude regarding training is "What's for you won't miss you". Our record speaks for itself, we are not desperate to sell our training. We don't keep your phone number or email address, then harass you with sales pitches trying to get you to sign up. You can contact us any time without fear of a snazzy sales pitch and the often associated over the top fees. If you don't contact us, we won't contact you, but we will give you the best and most cost-effective hypnosis that you will find anywhere in Australia.

We train the methods of Traditional and Ericksonian Hypnosis, Mesmerism, and all of its uses, plus the truth about NLP. You won't be bogged down with theory. Instead, you'll learn techniques that will enable you to do genuine and effective hypnosis from one of the world's foremost hypnosis trainers. You will learn rapid and instant inductions, Mesmerism, and the almost forgotten art of 'Hypnotic Fascination'.

Our training is suitable for Counsellors, Psychologists, for practicing hypnotherapists who want to improve their skills, for other allied health practitioners who want to gain hypnotherapy skills, any responsible adult seeking to become a professional clinical hypnotherapist, and people looking for self-improvement and a better understanding of the human mind and human behaviour.

**We do not have the highest Google Review ratings of any Hypnosis training organisation in Australia without good reason.**



# The Australian Academy of Hypnosis™

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## We are Australia's Longest Established Hypnosis Training Institution

### Styles and Types of Hypnosis

The Australian Academy of Hypnosis™ has trained more than 4500 students nationally and internationally; many of them became very successful professional hypnotherapists. What the academy brings to the training arena are real hypnosis techniques that work on a physical, mental, emotional, and spiritual level – techniques that have taken Rick to the top of the profession. Nothing is held back and there are no up sells to apparent master or secret techniques. Rick will teach you all that he knows and how to apply it to your own life and the lives of your clients. You will get hands on training, and you'll learn your theory from the extensive training manuals provided and in the academy's student online training and resource centre.

During the training you will be inducing trance under supervision from the first day and we will ensure that you get it right. After that, mastering what we teach to you will be in direct proportion to your passion for hypnosis and the practice you put into what you learn.

After the completion of your initial training, you will have ample opportunity for more advanced training, regular monthly and specialty training, and permanent access into the online training and resource centre at [www.hypnouniversity.com](http://www.hypnouniversity.com)

**Ericksonian Hypnosis:** This is a therapeutic model of hypnosis created by the American Psychiatrist Milton Erickson. Ericksonian Hypnosis is most effectively utilised by a skilled and experienced Psychotherapist. Ericksonian hypnosis is commonly used during therapy but does not usually require or effect deep trance states. After a relaxed state has been achieved by the subject, direct suggestion is replaced by ambiguity and a lot of metaphor is often used during the therapy sessions, which will usually be about 15 to 20 in number.

**NLP or Neuro Linguistic Programming:** Regardless of what persistent slick marketing efforts may try to have you believe; NLP IS NOT HYPNOSIS. It is supposedly the study of excellence, and it does have some interesting and no doubt effective strategies. NLP also offers a lot of insight into human behaviour and the mind. However, because an NLP training institute may offer NLP training under the guise of it being hypnosis that is frequently claimed by its proponents. This is amply demonstrated by the fact that after more than a decade of clinical trials and studies at respectable academic institutions; no evidence could be found to back up the many claims made about the power and effectiveness of NLP. If you are learning NLP, you are not learning hypnosis.

**Traditional Hypnosis:** Traditional hypnosis is direct suggestive hypnosis. It is genuine hypnosis, the type of hypnosis that despite academic opinion can make many individuals do things that are against their moral patterning or usual personality. Traditional hypnosis can be blended with Mesmerism, NLP and Ericksonian Hypnosis to create a very powerful therapeutic modality.

**Mesmerism/Magnetism:** Mesmerism was derived from Magnetism, by the German doctor Franz Anton Mesmer (1734-1815). However, Magnetism is probably more correctly described as connective "Non-Verbal" hypnosis, as the methodology of application is different than hypnosis and very few words are used to induce a mesmeric state. The resulting trance is very different than a verbally induced hypnotic trance of relaxation suggestions and commands. Mesmerism can be very therapeutic when applied by a well trained and experienced practitioner.

Many Hypnosis Training Institutions predominantly teach theory or hypnosis hybrids such as NLP or so-called Conversational Hypnosis, or they have a significantly academic approach within their training curriculum, offering either none, or very little practical training in actual trance inductions. If you really want to see what you'll learn, go online and see if you can find a trainer actually inducing hypnosis.



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## Hypnotherapy Training – What Are You Really Learning?

Our training is backed up by three decades of real-world experience, it is very thorough and 'hands on'. You'll learn the practicalities of Real Hypnosis. The academic content is in-depth, focusing on how to use hypnosis correctly and effectively for therapy, the historical development, various aspects and views, plus a step-by-step 'how to' correctly induce Hypnosis, Mesmerism and Fascination trance states for therapeutic benefit.

**All training materials are supplied, and examinations and assessments are open book**

You will learn approaches to therapy and sub-modalities i.e., Hypnosis with Children and Hypnosis for Disease, Rapid Inductions, Advanced Modern and Traditional techniques are taught. Mesmerism and Hypnotic Fascination are also explained, demonstrated, and practiced during the Diploma training and even more so during the Advanced Diploma of Clinical Hypnotherapy training.

There is further support beyond the training - All students gain access to the Academies huge Online Student Training and Resource Centre filled with 100s of "filmed in class" training videos, training courses from associated trainers and relevant hypnosis books. You will also get regular newsletters, association introductions, peer support, forums, old hypnosis books, and directions to insurance coverage.

There are many different styles and variations of hypnosis and trance for therapy. We will train you in all of practicalities of conducting hypnosis for hypnotherapy, with Traditional Hypnosis, Ericksonian Hypnosis, NLP and Mesmeric and Hypnotic Fascination techniques.

During your initial nine days of training (Vic) six days Qld SA WA NSW), you will learn the correct history of hypnosis and its uses, plus gain effective practical skills for inducing the hypnotic trance state and how to correctly induce and utilise hypnosis for therapeutic purposes. You'll experience hypnosis demonstrations, and you'll partake in a significant amount of supervised hypnosis induction practice.

Our Diploma of Clinical Hypnotherapy and our Advanced Diploma of Clinical Hypnotherapy certifications both more than exceed the topics, modules, and training hours required to join most significant professional Australian and international hypnosis associations.

**Applying the hypnotic condition to others is a practical skill and so academia alone does not and cannot make a proficient hypnotherapist**

Because most of the 'in class' training is practical and 'hands on', you'll have the ability to induce effective hypnosis by the time you've completed the Certificate of Clinical Hypnotherapy. If you want to continue to the Diploma or Advanced Diploma level, you're welcome, but we won't try to sell you any more or extra training.





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## What You'll Learn

- Hypnosis, Hypnotherapy, Hypnotic Inductions, Mesmerism, Self-Hypnosis and how to apply the techniques
- Applying all techniques of Hypnosis and Clinical Hypnotherapy;
- Building your Clinical Hypnotherapy business;
- Working legally and ethically;
- Reflecting on and improving your own professional practice;
- Establishing and managing client relationships;
- You'll learn all practical aspects of applying hypnosis
- You'll be a competent and confident hypnotist/hypnotherapist
- You'll be able to work with many conditions such as Quit Smoking Weight Loss Insomnia Motivation Depression Past Life Regression and many other common challenges.

## What our training enables you to do?

- Gain indemnity insurance to practice as a Clinical Hypnotherapist
- Apply for a Private Healthcare Provider Number upon successful membership of the AHA
- Launch and build your own practice
- Join any (or all!) of the national professional hypnotherapy associations





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## Fee Payment

**Payment plans are available** (information is on pages 10 & 11). Fee payments are made upon registration into the academy's bank account (details are on the application form) Credit Card payment can also be made by completing the credit card payment authorisation form. Payment plans are also available. Credit card authorisation and payment plan forms are found near the end of this information pack.

## Self-Paced Training Begins Immediately Upon Registration

You will begin immediately online. Once you have registered and paid your training fees you will receive your acceptance letter, E version training manual PDFs and a password to access the academy's on-line student training and resource centre portal plus step- by - s t e p instructions on how to begin your self- paced, pre in class, training. You will also get access to monthly 2 hour zoom instruction sessions plus gain access to a full on-line zoom training courses plus hundreds of filmed in class video tutorials, PDF eBooks' and much more.

## How To Enrol

Before enrolment if you have any questions please call Rick Collingwood on 0420 322763, or you can complete the application form at the rear of this pack, make your payment and email it back to [rickcollingwoodhypnosis@gmail.com](mailto:rickcollingwoodhypnosis@gmail.com). The you will receive your acceptance letter, an E version curriculum and a password to access the student on line training and resource centre portal, so your good to go at your own pace until the in class training begins. Your email address will also be added to the academy monthly student newsletter to help you stay in touch.

## Refund Policy

Training is considered to begin upon enrolment and payment. After enrolment students may defer their in-class training for up to three years without penalty. In the rare event that the academy has to defer a training NO REFUNDS are available. If the academy cancels a training outright a full refund will be paid within 21 days of the cancellation. All students acknowledge this upon as stated on the application form upon signing the application form.

## Covid Restrictions

If the practical attendance component of any training course needs to be cancelled due to border restrictions, it will immediately move to the next scheduled dates in all states. There is still a tremendous amount that you can learn on-line before the practical begins. All training dates for 2022 can be found in the 'Next Training Dates' section at [www.rickcollingwood.com](http://www.rickcollingwood.com)

**Recognised Prior Learning** An RPL fee reduction of 20% of the usual fee is available for the Diploma of Clinical Hypnotherapy and the Advanced Diploma of Clinical Hypnotherapy of 20% is available for students who have prior Hypnotherapy, Counselling, and Psychology training that is considered appropriate at the sole discretion of The Australian Academy of Hypnosis. To enquire about or apply for RPL fee reduction, please email [rickcollingwoodhypnosis@gmail.com](mailto:rickcollingwoodhypnosis@gmail.com) before registering.



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## Study Hypnotherapy With Us

### Certificate of Clinical Hypnotherapy – Victoria

**Nine Days (3 + 3 + 3) on Fri, Sat, Sun**

The first, three-day, weekend (Fri, Sat, Sun) is focused on theory, historical development, demonstrations, practical hypnosis inductions and understanding what hypnosis IS and what it IS NOT.

The first component covers demonstrations and the historical development, therapeutic approaches, and instructions. You will also begin supervised induction practice during the first 3-day weekend. The second and third weekends are all hands-on practical, step by step training in how to induce hypnosis and how to make therapeutic instructions work properly. Upon registration you'll receive an acceptance letter, e training manuals, and gain access into the academy's students online training and resource centre within 24 hours of enrollment.

### The Certificate of Clinical Hypnotherapy & Psychotherapy

Requires nine days in class training consisting of 3 x 3-days Fri Sat Sun consecutive weekends. There is a compulsory 150 question open book written examination and visual assessments.

All training materials are supplied in hard copy when training commences. All students of The Academy gain permanent free access to our students' on-line training and resource centre packed with free hypnosis eBooks, training manuals, training videos, on-line lectures and tutorials, a student forum and mentoring and various tutoring options.

At the completion of the nine-day Certificate of Clinical Hypnotherapy training you WILL have a comprehensive understanding of the development and uses of hypnosis, a WELL PRACTISED capability of inducing effective hypnotic trance in others and instructions for therapeutic benefits – these are GUARANTEED. Once you've successfully completed and provided us with your examination and self-assessments, your A3 size Certificate of Clinical Hypnotherapy and a Transcript of Studies will be issued. **Fee: \$3600.**

### Diploma of Clinical Hypnotherapy & Psychotherapy

To complete the Diploma of Clinical Hypnotherapy in Melbourne, students must first complete the Certificate of Clinical Hypnotherapy with the academy or qualify for RPL from another recognised hypnosis training academy. The Diploma of Clinical Hypnotherapy also requires online study and the attendance of six further practical days of, in class, training attendance. Fee including both the nine- d a y Certificate of Clinical Hypnotherapy training and the Diploma of Clinical Hypnotherapist **\$5500.**

### Advanced Diploma of Clinical Hypnotherapy & Psychotherapy

The Advanced Diploma of Clinical Requires completion of the Certificate of Clinical Hypnotherapy, the Diploma of Clinical Hypnotherapy, the completion of an online Mesmerism training course and a further nine days, in class, practical training. Fee including the Nine-day Certificate of Clinical Hypnotherapy, the six- d a y Diploma of Clinical Hypnotherapy and the nine-day Advanced Diploma of Clinical Hypnotherapy **\$6800.**



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## Study Hypnotherapy With Us

### Certificate of Hypnotherapy – Perth/Sydney/Brisbane/Adelaide

#### The Certificate of Hypnotherapy

Requires six days in class training only, there are no written assessments or exams. All training materials are supplied in hard copy when training commences. All students of The Academy have permanent free access to our students' on-line training and resource centre packed with free hypnosis eBooks, training manuals, training videos, on-line lectures and tutorials, a student forum and mentoring and various tutoring options. **\$1900.**

At the completion of the six-day Certificate of Hypnotherapy training you WILL have a significant understanding of the development and uses of hypnosis, and a WELL PRACTISED capability of inducing effective hypnotic trance in others and instructions for therapeutic benefits – Upon completion of the six days training students are given an A4 Certificate of Hypnotherapy. Once Diploma students have successfully completed and provided their examination an A3 size Certificate of Clinical Hypnosis and Transcript of Studies will also be issued.

#### Perth, Brisbane, Sydney and Adelaide

#### Diploma of Clinical Hypnotherapy & Psychotherapy

To complete the Diploma of Clinical Hypnotherapy in Perth, Brisbane, Sydney or Adelaide, students must first complete the Certificate of Hypnotherapy with the academy or qualify for RPL from another recognised hypnosis training academy. The Diploma of Clinical Hypnotherapy also requires online study and the attendance of seven further practical days of, in class, training (14 in class days in total). Expected time to complete is nine months. **\$5500.**

#### Adv Dip of Clinical Hypnotherapy & Psychotherapy

The Advanced Diploma of Clinical Hypnotherapy requires completion of the Certificate of Hypnotherapy, the Diploma of Clinical Hypnotherapy, and the completion of an online Mesmerism training course and a further seven days, in class, practical training. (21 in class days in total. Expected time to complete 18 months). **\$6800.**

The times between in class training components in Perth Sydney Brisbane and Adelaide is approximately six months, but there is plenty of online study to complete between the trainings.

**Recognised Prior Learning** An RPL fee reduction of 20% of the usual fee is available for the Diploma of Clinical Hypnotherapy and the Advanced Diploma of Clinical Hypnotherapy of 20% is available for students who have prior Hypnotherapy, Counselling, and Psychology training that is considered appropriate at the sole discretion of The Australian Academy of Hypnosis. To enquire about or apply for RPL fee reduction, please email [rickcollingwoodhypnosis@gmail.com](mailto:rickcollingwoodhypnosis@gmail.com) before registering.



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## Diploma of Clinical Hypnotherapy – On Going Online Training

### Summary

There are the PRACTICAL and the THEORETICAL components required to attain the academies Diploma of Clinical Hypnotherapy. 12 (filmed live in class training) ongoing training modules are required and completed online. To gain the Diploma of Clinical Hypnotherapy all modules must be completed in conjunction with the in- c l a s s Diploma training component. There are also many online zoom trainings and filmed in lice class training in the student resource centre. As soon as you register you can begin your training online.

### The 12 tutorials topics on offer are:

- No. 1 Mind-Body Communication with Hypnosis (physiology and disease management)
- No. 2 Abreactions within Hypnosis
- No. 3 Hypnosis for Pain Management
- No. 4 Hypnotic Regression (present and past life)
- No. 5 Script Writing and Trance Deepening
- No. 6 Magnetism and Energy Shifting
- No. 7 Hypnotic Transference
- No. 8 Hypnosis with Children
- No. 9 Conscious – Subconscious Interfacing
- No. 10 Successful Induction and Subconscious Compliance
- No. 11 Hypnosis for Addictions and Substance Abuse
- No. 12 Ethics and Running of a Clinical Practice



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## Study Stream Options Pre-Requisites

### Pre-Requisites

It is a requirement of the Australian Academy of Hypnosis that all students be of good character and have no serious previous criminal convictions.

Because all hypnosis associations in Australia require a formal Police Clearance and Senior First Aid before membership is accepted, The Australian Academy of Hypnosis does not require you to produce them. Competence in written and spoken English are required (not formal), as is psychological stability – speak to your trainer (or psychologist) for any questions.

**Certificate students in Melbourne and Diploma and Advanced Diploma students in all states are required to complete a short online Psychotherapy training course included in the curriculum**

### Once You Have Registered

After registration and fee or deposit payment, all students receive an acceptance letter and all their relevant training manuals. So, you can begin immediately at your own pace. You will also receive a password into the academy's student training and resource centre where you can access hundreds of filmed in class training videos PDF eBooks and much more. Certificate students in Brisbane Perth Sydney and Adelaide have a one-year complimentary access while Diploma and Advanced Diploma students in all states maintain permanent free access.

**Advanced Diploma of Clinical Hypnotherapy** students are required to complete an online Mesmerism (Magnetic Energetics) between the practical days of the Diploma of Clinical Hypnotherapy and the Advanced Diploma practical days.

Regular zoom monthly online trainings are also available to all Diploma of Clinical Hypnotherapy and Advanced Diploma students, as are regularly conducted 3 to 4 hour Zoom training sessions, which are filmed and made available in the student resource centre.

**Your Training Finishes When You Want It To**





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## Training Payment Plans Melbourne

This form only needs to be completed if you require a payment plan

**Nine Day Certificate of Clinical Hypnotherapy & Psychotherapy.** \$3600 if paid in full upon registration. Or \$1000 deposit and 8 x consecutive monthly payments of \$370. Total payable on payment plan \$3960.

**Nine Day Certificate of Clinical Hypnotherapy and Six Day Diploma of Clinical Hypnotherapy is \$5500** in total if paid in full upon registration, or **\$1500** deposit and 12 consecutive monthly payments of **\$400**. Total payable for the Certificate and the Diploma of Clinical Hypnotherapy on a payment plan is **\$6300**.

**The Advanced Diploma** is **\$6800** if paid in full upon registration or **\$3000** deposit and 12 consecutive monthly payments of **\$350**. The total payable for the Advanced Diploma on a payment plan is **\$7200**.

**If you want to use the payment plan the Certificate of Clinical Hypnotherapy is \$1000 deposit and \$370 per month**

**The Certificate and The Diploma of Clinical Hypnotherapy is \$1500 deposit and \$400 per month**

**The Advanced Diploma of Clinical Hypnotherapy is \$3000 deposit and \$350 per month**

.....  
I have paid a deposit of \$.....and I agree and understand that the balance owing is \$ .....which will be paid by me in.....consecutive monthly payments of \$ ..... and the total I will pay for the training is \$.....

Furthermore, I understand that my registration into this training is not cancellable and that no refunds will be given under any circumstances. Upon registering for this training, I agree to complete the payments as described here and agreed to by me.

Name (print full name)

.....

Address.....

.....

.....

..... Postcode .....

Signed .....

Date.....



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## Training Payment Plans

### Perth/Sydney/Brisbane/Adelaide

This form only needs to be completed if you require a payment plan.

**Six Day Certificate of Hypnotherapy – \$1900** if paid in full upon registration. Or **\$1000** deposit and balance of \$1000 due 10 days before training commencement – Total fees payment plan **\$2000**.

**Diploma of Clinical Hypnotherapy** including the Certificate training plus seven additional days practical training and required online training, **\$5500** if paid in full upon registration, or **\$2500** deposit and nine consecutive monthly payments of payments of **\$390** – Total fees payment plan **\$6010**.

**The Advanced Diploma of Clinical Hypnotherapy** is **\$6800** if paid in full upon registration or **\$3000** deposit and 12 consecutive monthly payments of **\$350**. The total fees for the Advanced Diploma of Clinical Hypnotherapy on a payment plan is \$7200

I Would like to register for the following training.

.....

**(Complete this section only if you have chosen a payment plan option)**

I have paid a deposit of \$..... I agree and understand that the balance owing is \$..... and the balance will be paid in..... consecutive monthly payments of \$..... and the total I will pay for the training is \$.....

Furthermore, I understand that my registration into this training is not cancellable and that no refunds will be given under any circumstances. Upon registering for this training, I agree to complete the payments as described here and agreed to by me.

Name (print full name).....

Address.....

.....

Postcode .....

Signed ..... Date.....



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## Current Hypnosis Legislation

The practice of Hypnosis and Hypnotherapy was deregulated in every state and territory of Australia by the 5th December 2005. It is not a requirement to be 'licensed' to practise hypnotherapy anywhere in Australia. The various hypnosis Associations and the Hypnotherapy Council of Australia (HCA) act as self-appointed regulating bodies.

### Association Information

The Australian Academy of Hypnosis training is approved by the Hypnotherapy Council of Australia (HCA). The HCA is the recognised governing body for Hypnosis Institutions, Schools and Associations.

All significant hypnosis Associations recognise The Australian Academy of Hypnosis' 'Certificate of Clinical Hypnosis' as a qualification for membership. Some associations may require insurance coverage, police clearance, and a senior first aid certificate. Please contact them directly for details.

The academy is not directly affiliated with any associations. However, we do recommend association membership, especially if you are planning to use hypnotherapy professionally.

Some of the Hypnosis Associations you can apply to for membership are:

**TAHA** The Australian Hypnosis Alliance

**PHA** Professional Hypnotherapists of Australia

**ASCH** Australian Society of Clinical Hypnotists

**AHA** Australian Hypnotherapists Association

**AHA** American Hypnotists Association

**AGH** American Guild of Hypnotists

Our Diploma of Clinical Hypnotherapy is recognised by all of the significant professional hypnosis associations in Australia and by the HCA (Hypnotherapy Council of Australia). It is also recognised by the NHS in the United Kingdom.

## Refund Policy

The refund policy for all hypnosis trainings is as follows. After acceptance into the academy training and payment of fees there is no cooling off period and there are absolutely no refunds. Although once registered a student can defer their training to any equal training within three (3) years of payment.

## Cancellation Policy

In the rare event that the academy cancels any training in its entirety a full refund will be issued within 21 days of any such cancellation. The academy will NOT BE RESPONSIBLE and WILL NOT refund any travel or accommodation payments. Students who may be travelling to attend any trainings it is recommended that you book your airfares and/or accommodation on a changeable or refundable basis.

These conditions are absolute. All students acknowledge and agree that upon applying for and being accepted for any training conducted by The Australian Academy of Hypnosis that they have a full understanding of, and are in agreement with, these terms and conditions.

## Deferment of Training Policy

Attendance dates can be deferred to any next equivalent training for up to three years. A deferment fee of \$250 applies to ANY and ALL date changes a student may request and must be paid at the time of deferment. There is no deferment fee if a student changes the date of a training, they have registered for but have not yet commenced.



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## About Our Trainers

### **Rick Collingwood – Founder**

Rick is one of Australia's leading and most well-known hypnotists and hypnosis trainers. He has been practicing clinical hypnotherapy since early 1992 and established The Queensland Hypnosis Academy in Brisbane Australia in 1996. Then the more suitable title of The Australian Academy of Hypnosis was adopted after national training began in 2001.

Since then, he has been at the forefront of the hypnosis profession. He has developed a unique style of hypnosis from a combination of traditional hypnosis, Ericksonian hypnosis, and Mesmerism. With his vast knowledge of the direct and rapid hypnosis methods used by modern hypnosis and the hypnotists of the past; Rick has moulded the techniques into a powerful therapeutic model.

He's personally assisted countless thousands of people, using his own unique therapeutic hypnosis techniques. His clients include international Movie Stars, Sales Motivators, Commercial Airline Pilots, Psychologists, Medical Professionals, Business People, Home makers and Children. People from all walks of life, facing challenges such as stress disorders, nicotine and drug dependency, gambling, addiction, pain management, depression, panic disorder, insomnia, motivation, chronic fatigue syndrome, cancer, and many other various behavioural challenges.

With his extensive knowledge of all aspects of all styles of hypnosis, combined with his many years of practical experience; Rick continuously demonstrates that the effectiveness of his hypnosis and sub-conscious counselling skills are unequalled by many other hypnosis methods and hybrids. Rick's advanced hypnosis techniques were used in the successful "Hypnosis & Improvement in The Quality Of Life" cancer trial that he conducted in 2005. Since that time those techniques have been further developed during thousands of hours of clinical experiments and research. His cutting-edge hypnosis techniques combined with years of clinical expertise are a Quantum Leap beyond the often semi effective relaxation and visualisation techniques used by many of today's hypnotherapists.

During the past three decades, Rick has personally assisted countless thousands of individuals and trained more than 4500 academy students in the proficient and correct uses and methodologies of all types of Hypnosis, Mesmerism and Hypnotic Fascination. Rick conducts all of the academy trainings in Melbourne, Perth, Brisbane, Sydney and Adelaide.



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## Testimonials...from previous students

I would like to thank the Mind Motivations team for their expertise and dedicated efforts in the outstanding methods of teaching hypnosis; no other hypnosis training establishment that I know of combines 90% demonstration and practical with theory the way The Australian Academy of Hypnosis teaches. The old saying of, "a picture paints a thousand words", has never been truer when learning traditional hypnosis through the AAH. – *Ralph N.*

I found the course to be concise and informative. Learning hypnosis from some of the best in the field is such a privilege. We got a lot of hands-on practise and a great chance to learn from the experience of some great hypnotherapists. Thankyou.  
– *Danielle – Acupuncturist.*

A scientific and spiritual journey offering clarity and peace of mind and also the ability to now give the same to others.  
– *Kim Davis.*

Comprehensive, practical, amazing! The most eye-opening course I have ever done.  
– *J.H. Clinical Pain Specialist.*

I found this course to be invaluable. Information, techniques, and the practical application of hypnosis were very well constructed, well explained and demonstrated. The self-assessments were a bit daunting, but very effective as a doubling up of our new knowledge. I would advise anyone who wishes to help people therapeutically to do this course. Thank you very much.  
– *Patricia Barker – Counsellor.*

Excellent course. Great to know you could achieve such effective results in such a short time.  
– *Jan Duckett – Healer, Counsellor.*

When I first experienced your training style I was perturbed by the informal discussion, demonstration, and practice format that you use. I was used to a more formal structure in class. Instead of acting on my urge to object, I just thought I'd immerse myself and absorb as much as I could about what you know and what you do. It worked. I finally get hypnosis and I'm finally a real hypnotist! I'm now much more confident. I used the Eye Lock last night on an old client and it worked just as you taught me it would. It's a breakthrough for client and therapist. I have found that people promise a lot in their trainings but when you actually get down to tin tacks you don't hear the full truth. Very few trainers will commit to other people's real success as you have done. You delivered. Thank you for being genuine.  
– *Mike Welsh.*

I recently completed a gov't accredited Cert IV, and while the theory side of things was great, the practical side was not, and I walked away lacking the ability to hypnotise. I felt hamstrung! Then I met Rick Collingwood, I did a course with him at The Australian Academy of Hypnosis, saw and experienced real hypnosis first hand, and walked away confident I could do it too.

Within a week I had hypnotised my family. Within 2 weeks I was hypnotising friends. Weeks later, my stepdad is still responding to the direct suggestions I gave him in what was my first attempt at real hypnosis. It works! I'm looking forward to further study with him, and if you really want to learn hypnosis, I suggest you learn it from Rick.  
– *Cahn Forrest.*

I just wanted to say the videos, the resource centre and the training manuals are excellent - I learn't more watching just one of your training DVDs than I did on my 12 month diploma course. A bit of a worry!! I'm really looking forward to the 5 day Sydney course. I just wanted to ask also – how many people on the actual 5 day course. I have never been hypnotised although I have done several hypno workshops as well as the one year course, so I was wondering what the chances of actually getting work with you would be. It is something I would dearly like to experience especially as I am using it with clients. Figure – if you don't ask – you will never know!!! Am very passionate about hypnotherapy and helping others ... and becoming the best practitioner possible."  
– *Regards Neil.*



# The Australian Academy of Hypnosis™

*Training real hypnosis since 1996*

## Next Training Dates

For all training dates in Melbourne, Perth, Adelaide, Sydney and Brisbane please see the training page at [rickcollingwood.com](http://rickcollingwood.com)

### Mind Motivations and The Australian Academy of Hypnosis Contact Information

Melbourne Office / Clinic – Phone 0420 322 763 – email: [rickcollingwoodhypnosis@gmail.com](mailto:rickcollingwoodhypnosis@gmail.com)

Street Address: Suite i84 – 21 Hall Street, Port Melbourne, Victoria 3207

Postal Address: PO Box 847 Port Melbourne Victoria 3207

### Our Training Facilities

All Hypnosis training is currently conducted in our modern comfortable training facilities at Suite i84 – 21 Hall Street Port Melbourne Victoria 3207 (see map below). In Perth, Brisbane, Adelaide and Sydney, modern comfortable training facilities are used.

### Training Enquiries

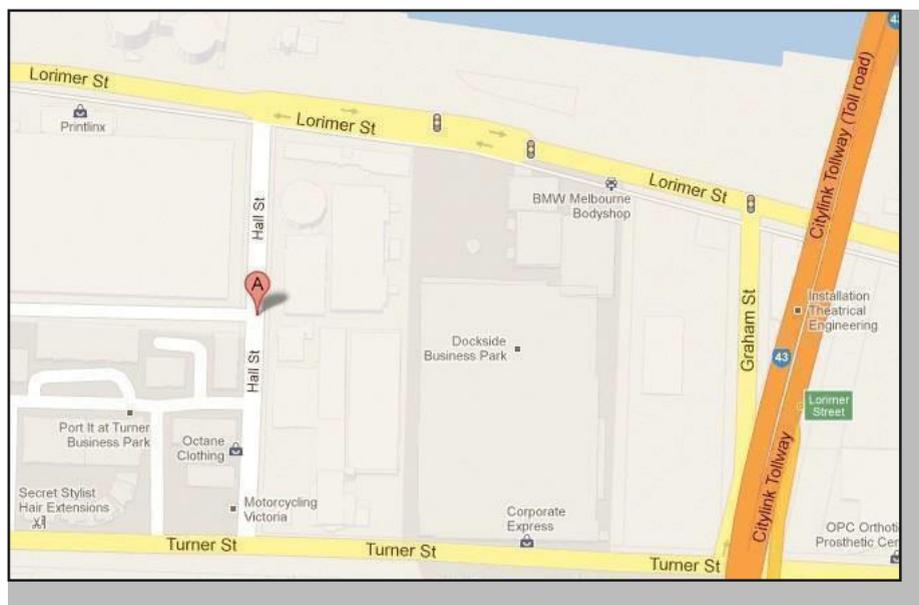
For All Melbourne, Brisbane, Adelaide and Perth and International Training enquiries please phone Rick Collingwood 0420 322 763,

email: [rickcollingwoodhypnosis@gmail.com](mailto:rickcollingwoodhypnosis@gmail.com)

The Academy's bank details for all Training fees are:

**ANZ Bank: A/C Name: B. Collingwood – BSB No: 013395. A/C No: 472635098.**

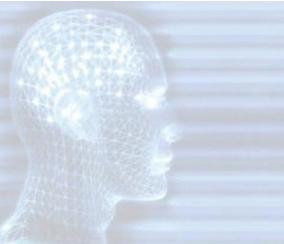
To pay by credit card please use the credit card authorisation and from and email back. Your credit card will be charged, and your credit card information destroyed immediately. there is a 2% credit card fee applicable.



Tuition times are: 9.30am - 4.30pm each day.

Breaks – Morning: 10.30 - 10.45am, Lunch: 12.30 - 1.30pm, Afternoon: 2.30 - 2.45pm.

Tea and Coffee are provided, and free parking is available in Hall Street during weekdays and within the complex where the academy is located during weekends.



# The Australian Academy of Hypnosis™

## Hypnotherapy Training and Registration

**Melbourne • Perth • Sydney • Brisbane • Adelaide**

Full Name:

(Please print your name clearly exactly as you would like it printed on your Certificate)

Postal Address:

State:

Postcode:

Mobile:

Email:

Why do you want to attend this training?

Any known Mental Illnesses?

Yes

No

(If yes, please give brief details)

I am registering to attend (please circle below):

- Six Day Certificate of Hypnotherapy (Sydney Brisbane Perth Adelaide)
- Nine Day Certificate of Clinical Hypnotherapy (Melbourne)
- Diploma of Clinical Hypnotherapy (Melbourne Sydney Perth Brisbane Adelaide)
- Advanced Diploma of Clinical Hypnotherapy (Melbourne Sydney Perth Brisbane Adelaide)
- Certificate of Magnetic Energetics (Mesmerism)

In the city of: (Please Circle): Melbourne Sydney Perth Brisbane Adelaide

Training Start Date:

**Declaration:** Training is considered as being commenced upon enrolment. I understand and agree that upon registration and payment by me, that my training begins immediately upon acceptance of my enrolment, via PDF training manuals and password access into the academy's student online training and resource centre portal. By enrolling and paying the fees for this training, I the undersigned, fully understand and agree that any fees paid ARE NOT refundable under any circumstances, unless The Australian Academy of Hypnosis absolutely cancels the training. I also understand that any training I have paid for but become unable to attend for any reason, may be deferred for any equal training for up to 3 years after my initial cancellation.

I have transferred a full payment (or deposit) of:

\$

**Account details:**

**ANZ Bank A/C Name: B. Collingwood. BSB: 013395. A/C No: 472635098**

\* Please reference your name with your payment.

Full Name:

Signed:

Date:

/ /





# The Australian Academy of Hypnosis™

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## Application Checklist

- Application Form Completed and Signed
- Deposit / Full Payment